



New Zealand  
**Medical Radiation  
Technologists Board**  
*Te Poari Ringa Hangarua Iraruke*

POLICY:  
Cultural Competence

JUNE 2018

Policy Title		Cultural Competence	
<b>Reference Number</b>		2018-Jun-V1-MRT Cultural Competence	
<b>Scope</b>		This policy applies to all practitioners registered with the Medical Radiation Technologists Board	

Associated Policy Documents	
Competence Standards for Medical Imaging and Radiation Therapy Practitioners in Aotearoa New Zealand	
Code of Ethics	

Revision Schedule			
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## Policy Overview

Under section 118 of the Health Practitioners Competence Assurance Act 2003, the Medical Radiation Technologists Board (the Board) is mandated to set the standards for cultural competence to be observed by medical imaging and radiation therapy practitioners.

This document sets out the Board's expectations of all registered medical imaging and radiation therapy practitioners in respect of cultural competence<sup>1</sup>.

## Definitions

**Culture**<sup>2</sup> is essentially a convenient way of describing the ways members of a group understand each other and communicate that understanding. More often than not the nuances of meaning are generated by behaviour rather than words, and much of the interaction between members is determined by shared values operating at an unconscious or 'taken for granted' level. Many groups have their own distinctive culture – e.g. the elderly, the poor, professional groups, gangs, the army. It must be understood that in the medical imaging/radiation therapy unit, ethnic culture is one cultural affiliation alongside others.

Within the context of healthcare, **cultural competence** requires medical imaging and radiation therapy practitioners to work effectively with people whose cultural realities are different from their own. The culturally competent practitioner engages in patient-centred practice to interact with and respond to each person at all times. Cultural competence is about seeking to maximise gains from a health intervention where the parties are from different cultures.

## Te Tiriti o Waitangi

The Board acknowledges Te Tiriti o Waitangi as the founding document of Aotearoa New Zealand and the importance it has in informing legislation, policy and practice. As tangata whenua of Aotearoa New Zealand, Maori hold a unique position in our society and the Board acknowledges and respects the specific importance of health services for Maori.

The culturally competence practitioner is able to understand the relevance of Te Tiriti o Waitangi within the context of effective healthcare and demonstrate contemporary application of the four cornerstones of Maori health – whanau (family health), tinana (physical health), hinengaro (mental health), and wairua (spiritual health) – into their everyday practice.

## A Culturally Diverse Society

New Zealand's demographic profile continues to be influenced by significant changes. It has been estimated that by 2051 New Zealand's Maori population will have increased significantly to account for 22% of the total population. In addition, rising migration rates will see New Zealand's population by 2050 made up of around 50% European ethnic groups and 50% other ethnic groups. While the composition of health professions will come to match the community profile in time, currently many medical imaging and radiation therapy practitioners will be called upon to interact with patients

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<sup>1</sup> Cultural Competence is also included in the Board's *Code of Ethics and Competence Standards for Medical Imaging and Radiation Therapy Practice in New Zealand* documents

<sup>2</sup> Cultural Competence and Medical Practice in New Zealand. 2001. Mason Durie (Massey University)

from different cultural backgrounds. While English is likely to continue to be the common language it may not be the preferred language and medical imaging and radiation therapy practitioners need to be prepared to respond positively to consumers whose cultural ethnic roots lie outside their own experiences<sup>3</sup>.

## The Culturally Competent Medical Imaging or Radiation Therapy Practitioner

Medical imaging and radiation therapy practitioners who are culturally competent<sup>4</sup>:

- Acknowledge the importance of cultural understanding to achieve effective communication
- Are self-aware of the potential impact for their unconscious cultural bias
- Feel confident in their abilities to communicate effectively with patients from diverse cultural backgrounds
- Can advocate with and/or on behalf of patients and their communities
- Recognise and respect that communities are their own cultural experts and are able to facilitate a community development approach
- Appreciate that people from different cultural backgrounds may need to involve family/whanau and community in discussions about their health related issues
- Feel comfortable about involving an interpreter when there is a language barrier
- Understand how differences in culture, language and migration experience may have an impact on the way health services are delivered
- Share their experiences with other health professionals while respecting confidentiality
- Engages in self-reflection to understand the impact of personal cultural identity on their practice
- Engages in continuing professional development to develop the necessary skill set to foster culturally competent practice

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<sup>3</sup> Mason Durie

<sup>4</sup> Source: Cultural Competency in Health. A Guide for Policy Partnerships and Participation. December 2005. Australian Government National Health and Medical Research Council

## Cultural Competence in Practice

The culturally competent practitioner will consciously engage in a range of behaviours and activities to positively interact and respond to patients so as to maximise the health gains for people from diverse cultural backgrounds.

### Self-Reflection

The medical imaging or radiation therapy practitioner:

- Considers cultural, linguistic, and migration issues around health activity, knowledge, and choices
- Considers differing perceptions about health and the role of medical imaging and radiation therapy
- Understands intergenerational differences with respect to attitudes to health services and interacting with health professionals

### Information

The medical imaging or radiation therapy practitioner:

- Has acquired knowledge and can access information about different communities, their histories, and specific health issues as required
- Knows about the range of resources that allow for culturally competent practice – e.g. interpreters, translated resources, community support groups
- Accesses health promotion messages in different languages in a culturally sensitive manner

### Education and Skills

The medical imaging or radiation therapy practitioner:

- Considers each patient's cultural background and health beliefs and the impact of these on their health and behaviour
- Designs an approach and messages that are informed and developed from within the specific cultural context for each patient
- Uses resources to allow cross-cultural practice – interpreters, translated resources, community support groups
- Participates in and facilitates partnerships between individuals and communities and health care providers in individual care and in policy setting